

Thrive

Facilitators of Clients' Empowerment to **THRIVE**

THRIVE Coaching Centre & HR Consulting Services Limited



Samson Umurhurhu
Chief Executive Officer

Author, Professional Coach, was the Head of Human Resources Nestle Nigeria, Head of Human Resources Nestle Central West Africa and Human Resources Manager in Nestle Global Head Office

OPEN TRAINING PROGRAMMES APRIL-JULY 2019 CALENDAR

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Thrive Coaching Centre & HR Consulting Services Limited is made up of seasoned professionals with both extensive local and international career exposures and experience. Our special focus include:
-Partnering with organisations for the personal and professional development of their executives and leaders for success in life and

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career
-Filling the gap between the efforts of the Human Resources Department of Organisations to develop their talents, and what the individual professional needs to do, to be fully equipped and ready to fulfill life and career purpose
-Promoting the individual

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professional as the primary driver (and party most responsible) for own professional development and career progression
- Empowering career professionals, and promoting the platforms and the message that it is possible to THRIVE, despite the challenges of being a professional in Africa.

Our Main Methodologies for Working with Clients:

- Coaching
- Consulting
- Training
- Mentoring

For more details on Thrive Coaching Centre & HR Consulting Services Limited, and each of the 2019 course objectives/contents, visit our upcoming events' page on our website at www.thrivecoachandhr.com.
A preview of the Programmes with relevant details including participant enrollment are on the back page:

Our Contact Details: Thrive Coaching Centre & HR Consulting Services Limited

Admin Office: 2, Alexander Road, Ikoyi Lagos, Nigeria | Phone numbers: +234 (0) 7081369471; +234 (0) 9063608987

E-mail: info@thrivecoachandhr.com Website: www.thrivecoachandhr.com

	PROGRAMMES	DURATION	ALL ARE SATURDAY PROGRAMMES - DATE	AMOUNT (NGN) PER PARTICIPANT	OVERVIEW
1	ValenTHRIVE Event for professional career persons looking forward to marriage	12.00 noon - 3.00 pm	13 th April	N10,000 for one and N15,000 for two in a relationship	A practical hands-on program leveraged on relevant case studies to create awareness amongst professionals of some essentials for successful marriages of career people, relative to the inherent talents and strengths of the partners in marriage. It will empower participants to recognise the dynamics of individual differences as an ingredient for building successful marriages, careers and lives as professionals.
2	Relax, Refresh, Renew – (Including Establishing Acceptable Equilibrium Between Work & Personal Life)	12.00 noon - 3.00 pm	20 th April	N 15,000	To sensitize participant's and help them become more aware of establishing a personal level of equilibrium between Work & Life, which can set them up for mutually sustainable success in life and career.
3	Catch Them Young (Children As Business Leaders of Tomorrow) – Children 12-15 years	12.00 noon - 3.00 pm	18 th May	N10,000 and N15,000 for two from the same family	Will present the children the opportunity to run a mock company, as well as to be aware of the key roles relevant for companies to run effectively and efficiently. The children will also specifically be assigned to play in the corporate roles they desire (in their dream world). Professional counselling on corporate roles will be available.
4	Essentials For Career Progression	12.00 noon - 3.00 pm	15 th June	N15,000	This is to introduce and heighten participant's awareness to proven local and global requirements for career progression and success. This will enable the professional to be more specifically focused on meeting the requirements, and the essentials for career progression and sustained success in life anywhere in the world.
5	Empowering High Impact Contributors' Workshop	12.00 noon - 3.00 pm	22 nd June	N15,000	This will be a practical hands-on Workshop leveraged on relevant case studies to empower participants for high impact contributions to their organisations, enabling them to be relevant and wanted employees for retention.
6	Mentorship: For Business Leaders of Tomorrow (For upcoming talents - Professionals, Executives & Leaders)	12.00 noon - 3.00 pm	27 th July	N15,000	A unique leadership experience building program. Reputable business leader(s) with sustained success in life and career will be sharing experience with participants on their journey, followed by Q&A session. Participants will have the opportunity to challenge the relevance of the principles and the processes in today's world of work, thereby helping participants to learn proven approaches for sustainable success in career and life.
7	Compensation Management 101	* Customised /In- Company Programme			Participants will learn about compensation management philosophy:- base pay, salary structure developments, incentive pay, and will be customised to the practice of the client organisation.

Venue for all the programmes: The Thrive Place Ltd , 24 T.E. Williams Street,
Chief Rotimi Williams Estate (Kay Farms). Off Bola Ahmed Tinubu Road Iju, Ifako-Ijaiye, Lagos

DIRECTION CODE TO LOCATION OF KAY FARMS VIA GOOGLE MAPS IS 6°39'22.88"N 3°20'41.0"E

Participants to pay, confirm the programme of their choice, & evidence of payment to be sent to info@thrivecoachandhr.com, for Thrive Coaching Centre & HR Consulting Services Limited to reserve your seat, with a confirmation email.

Registration and Payment Method

Bank details: **Account Name:** Thrive Coaching Centre & HR Consulting Services Limited
Account Number: 1015847877 **Bank:** Zenith

* Customised/In-Company Programmes are available on request by Organisations -
These cover all the open programmes indicated above, as well as other personal development, leadership, and Human Resources/Compensation & Benefits management topics.